

Appendix 1

Pre-Intervention Assessment and Readiness Tool

Complete this tool before the first CASP-R Intervention session is delivered. It forms the baseline record for the intervention and must be filed alongside the post-intervention report.

A. Basic Details

Caregiver name / identifier	Date of Pre-intervention assessment	Practitioner

Referral source	Statutory context (circle)	CASP-R assessment date

Statutory context options: Child Protection Plan | Pre-proceedings | Care proceedings | Reunification | Voluntary / Early Help | Criminal Justice | Other

B. Stage Of Change and Readiness

The caregiver's current stage (circle or tick):

☐ Pre-contemplation – does not accept the areas of need
☐ Contemplation – accepts some areas but ambivalent
☐ Preparation – accepts the areas of need and willing to engage
☐ Action – already taking steps to address the identified needs

Is the caregiver's engagement voluntary or under statutory direction?

☐ Genuinely voluntary	☐ Agreed under statutory direction
☐ Required by court order	☐ Required as condition of contact arrangement

Does the caregiver agree with the areas of need identified in the CASP-R assessment?

☐ Yes, fully
☐ Partially – detail below
☐ No – detail below

If the caregiver is not yet ready to begin, describe the plan for motivational work:

C. Immediate Safety

Is there an immediate safety issue that must be addressed before the intervention begins?
(tick all that apply)

☐ Caregiver currently in a coercive or abusive situation (including from Y-POC) requiring specialist DA support

☐ Child in household has an unaddressed immediate safeguarding need

☐ POC/Y-POC has access to caregiver or children not yet covered by safety plan

☐ None – safe to begin

Action taken to address any immediate safety issues:

D. Communication, Language And Accessibility Needs

Need	Detail	Action taken

Rows to pre-fill: First language / interpreter needed | Reading & writing level | Cognitive impairment / learning disability | Neurodivergent presentation | Physical / sensory needs

E. Cultural and Community Context

Key cultural, religious or community factors relevant to delivery:

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Adaptations planned in response:

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F. Parallel Work and Multi-Agency Context

Agency / professional	Role	Communication agreed (Y/N)

G. Baseline Level of Need (complete before Session 1)

Domain	Baseline Level of Need	Domain Rationale

Rows: Domain 1 Internal Capacity | Domain 2 Insight of Harm | Domain 3 Parenting Capacity | Domain 4 Coping Capacity

H. Planned Sessions

Tick the sessions to be delivered based on the CASP-R assessment findings. Not all sessions need to be delivered – select those that match the identified areas of need.

☐ Session 1 – My Story So Far	☐ Session 2 – My Relationship Style
☐ Session 3 – Abusive Relationships	☐ Session 3A – Healthy Relationships
☐ Session 3B – Coercive Control	☐ Session 4 – Self-worth
☐ Session 5 – Understanding the POC/Y-POC	☐ Session 5A – Pornography
☐ Session 5B – Online Safety	☐ Session 5C – Disclosure
☐ Session 5D – Body Safety	☐ Session 6 – Me as a Parent
☐ Session 7 – Building My Capacity to Cope	☐ Additional sessions as identified

Signed (practitioner)	Date	Supervisor sign-off