

Appendix 15

Your Experience of CASP-R Intervention: Feedback Questionnaire

Use this tool to structure reflective supervision for CASP-R intervention cases. Complete the practitioner sections before the supervision session. The supervisor uses the prompts to guide discussion. Not a clinical record.

Please read this before you begin:

This questionnaire is completely separate from your practitioner's report. What you write here does not go to the social worker, the court, the local authority, or anyone involved in your case. It is used only to help improve the CASP-R programme for other families in the future.

You do not have to complete every question. Please write as much or as little as you like. There are no right or wrong answers. You can complete this on your own or with support from someone you trust – but not with your practitioner present.

Your responses are anonymous unless you choose to include your name.

PART 1 – ABOUT THE SESSIONS

How many sessions did you complete? (circle or write a number)

How did you feel about the number of sessions? (tick one)

☐ There were too few – I would have liked more	☐ About right
☐ There were too many	☐ Not sure

How would you describe the overall experience of doing this work? (tick as many as apply)

☐ Difficult but worthwhile	☐ Very helpful
☐ Helpful in some parts but not others	☐ Confusing or hard to follow at times
☐ Not what I expected	☐ A safe space to talk
☐ Sometimes too intense or overwhelming	☐ I did not find it helpful
☐ I felt judged or not understood	☐ I felt listened to and respected

Which sessions or topics felt most useful to you? Why?

Were there any sessions or topics that felt less useful, confusing or not relevant to your situation?

Were there any topics you wish had been included that weren't?

PART 2 – ABOUT YOUR PRACTITIONER

How well did your practitioner understand your situation? (0 = not at all, 10 = completely)

0	1	2	3	4	5	6	7	9	10
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Not at allCompletely

How comfortable did you feel talking honestly with your practitioner? (0 = not at all, 10 = completely comfortable)

0	1	2	3	4	5	6	7	9	10
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Not at allCompletely

What did your practitioner do that was most helpful?

Was there anything your practitioner could have done differently that would have helped you more?

Did you feel your cultural background, faith or family situation was understood and respected?

☐ Yes, very much so	☐ Mostly yes
☐ Sometimes, but not always	☐ No, not really
☐ It was not relevant to my situation	

If you said no or not always, please tell us more (you do not have to):

PART 3 – ABOUT THE WORKSHEETS

How did you find the worksheets? (tick as many as apply)

☐ Easy to understand	☐ Sometimes hard to follow
☐ Helpful for thinking things through	☐ Too long or complicated
☐ Well matched to the sessions	☐ I found writing them hard
☐ I would have preferred to talk through them rather than write	☐ Useful to have as a record
☐ I was not sure why I was doing some of them	☐ I will keep them and look back at them

Are there any worksheets you found particularly helpful or meaningful?

Are there any worksheets that felt pointless or hard to relate to your situation?

PART 4 – WHAT DIFFERENCE HAS THIS MADE?

Overall, how much do you feel this work has helped you? (0 = no help at all, 10 = very significant help)

0	1	2	3	4	5	6	7	9	10
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Not at all

Completely

Has your understanding of the risk changed since you started? If so, how?

Has this work changed anything about how you feel about yourself or your ability to protect your children?

Has anything in your day-to-day life changed as a result of this work?

PART 5 – A MESSAGE TO ANOTHER CARER

Imagine someone in a similar situation to you is about to start CASP-R. They are nervous, perhaps uncertain whether it will help. What would you want to say to them?

Is there anything else you want to tell us about your experience that we haven't asked?

Optional: If you are willing for your comments to be used (anonymously) in training materials or programme development, please tick here:

☐ Yes, you may use my comments anonymously. ☐ No, please keep my comments internal only.

Thank you for taking the time to complete this. Your feedback matters and will be used to make this programme better for families who come after you.