
Appendix 3 Mid-Intervention Review – Protocol and Tool

For interventions covering six or more sessions, a formal mid-intervention review should be conducted at the midpoint of the planned session programme. This is not an additional session it is a structured pause within a regular session, using the review tool below. It serves four purposes:

- Ensures the session plan remains matched to the caregiver's actual needs as they have emerged through the work.
- Provides an opportunity to update the safety plan in light of what has been learned.
- Gives the caregiver a mid-point record of their own progress that they can hold onto.
- Generates an interim record for reporting to commissioners or the multi-agency network where required.

When to do the mid-intervention review:

- After Session 4 for an 8-session programme.
- After Session 6 for a 10–12 session programme.
- At any point where the practitioner or caregiver identifies a significant change in circumstance, risk or engagement.
- At the midpoint of a court-ordered or time-limited programme where interim reporting is required.

Appendix 3

Mid-Intervention Review Tool – Review of Progress and Session Plan

Complete within a regular session. Share with the caregiver so they can see their own progress. File with case notes. Attach to any interim report to the commissioning agency.

Caregiver	Sessions completed to date	Review date	Practitioner

Progress In Each Domain To Date

Domain	Baseline score	Current score	Summary of change observed	Adjustment to plan?

Rows: Domain 1 Internal Capacity | Domain 2 Insight of Harm | Domain 3 Parenting Capacity | Domain 4 Coping Capacity

Is the caregiver engaging with all planned sessions?

☐ Yes, fully
☐ Partially – detail below
☐ No – detail below

Sessions to add, remove or re-sequence:

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Safety plan – current status:

☐ In place and being maintained	☐ Updated since last review
☐ Needs revision – action below	☐ Has been breached – see escalation record

Any new or changed risk information requiring escalation?

Key learning the caregiver has taken from sessions so far – in their own words:

Signed (practitioner)	Date	Supervisor sign-off