

Worksheet 8A

Pornography, Online Behaviour and the POC/Y-POC

This worksheet is completed by the caregiver in discussion with the practitioner during Session 5A. Responses should be recorded carefully – this is clinically significant information that may be relevant to legal or multi-agency processes. The practitioner should distinguish clearly between what the caregiver has told them and their own clinical observations in the case notes.

PART 1 – WHAT I KNEW ABOUT THE POC/Y-POC'S PORNOGRAPHY OR ONLINE BEHAVIOUR

Were you aware the POC/Y-POC used pornography or accessed sexual material online?

☐ Yes – I knew and describe below	☐ I suspected but was not certain
☐ No – I was not aware	☐ I found out after the disclosure/incident

What did you know or observe about the nature, frequency or content of their pornography or online use?

Were you aware of or did you suspect any concerning device behaviour (deleted history, hidden accounts, unusual hours online, separate devices)?

PART 2 – WHAT HAS COME TO LIGHT

Since the disclosure/incident, has additional information emerged about illegal images, online contact with minors, or other online offending? (Note: only complete with caregiver what they are aware of – do not share information they have not been given)

How has learning this affected how you see the risk the POC/Y-POC poses to your children?

PART 3 – ONLINE RISK IN MY HOME

Review the Online Safety Plan (Worksheet 12). Tick which protections are currently in place:

☐ No devices accessible to POC/Y-POC	☐ Parental controls on all household devices
☐ No devices in bedrooms at night	☐ Children’s online accounts known to me
☐ Browser history checked regularly	☐ Gaming console chat functions restricted
☐ Children know to tell me if anything online feels wrong	

Any additional online safety measures agreed during this session: